

GRAPEVINE CARDIOLOGY

CARDIOVASCULAR CT

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Instructions for CTA Chest, Abdomen, Pelvis, and Lower Extremities

Prior to examination:

If you are pregnant or could be pregnant, or if you are nursing, be sure to inform your healthcare provider and our schedulers.

If you have any drug allergies or previous history of reaction to I.V. contrast, or any reaction or sensitivity to iodine, *if* you have any known kidney problems, ***please let us know.***

Continue taking medications as prescribed by your physician, unless instructed differently.

Please bring a list of your current medications with dosages on the day of examination

Patients taking **Metformin or medications containing Metformin (Glucophage, Avandamet, Actos plus Met, etc.) must be off this medication for 48 hours AFTER the test.**

No food 4 hours prior to examination. You may take your medications with water. Please drink at least three 8oz glasses of water a day for three the days prior to your exam.

Examination Day:

Ideal clothing would be loose fitting with easy access to your arm. Warm blankets are available if the room is too cool.

Belt buckle and/or other metallic objects must be removed prior to CT scan *of the abdomen, pelvis and lower extremities*. If you need to remove any clothing, a gown will be provided to you.

Arrive early to complete the registration process and appropriate forms, if not already done.

After forms are completed the CT technologist will ask a few verbal questions and an IV catheter will be inserted into a vein in your arm. A simple blood test will be performed on the day of the test, which will allow us to evaluate your kidney function.

You will be positioned on the table. The table will be moved into the scanner and the exam will begin. During the exam the table will move very gently and slowly. The exam takes 10 to 15 minutes.

When completed, the technologist will assist you off the table. The I.V will be removed once the images are processed.

After the Examination:

Once the images are processed, which may take 30 minutes; our doctor will discuss the initial results with you. A copy of the finalized CT report will be sent to your healthcare provider(s).

Drink plenty of water for several days after the procedure.